

Personal Safety

Protecting Yourself for Women (20-60 minutes)

Chief Lang

Safety tips for women. Not how to fight, but how to break free and avoid a confrontation.

Personal Safety for Women (20-60 minutes)

Officer Nesbitt

Will cover tips for identifying suspicious activity in your surroundings. Keeping eyes, ears, and hands free whenever possible. Will also cover tips for traveling alone and different safety precautions you can take to keep yourself safe. Will explain how and when to react when you find yourself in a dangerous situation.

Domestic Violence (30-60 minutes)

Captain Lamkin or Officer Nesbitt

Identify causes of domestic violence, power, and control tactics used by the batterer, identify barriers to safety for women, and identify reasons why safety planning is critical to help keep victims safe.

Safety on the Internet (parents/pre-teen/high school) (20-30 minutes)

Lieutenant Murphy

One of three different types of internet safety presentations for children and adults of all ages.

Firearm Safety (20-30 minutes)

Officer McCormick or Officer Smith

How to handle firearms safely.

Wheel Safety (20-30 minutes)

Sergeant Coon

Bicycles, skateboards, rollerblades, and scooters. Learn the proper safety equipment, clothing to wear, and rules of the road.

Effects of Distracted Driving (15-30 minutes)

Officer McCormick or Officer Mangers

How cell phone use, stereos, and other distractions inside and outside of the vehicle, make us unsafe drivers.

Personal Safety (20-45 minutes)

Officer Lauenstein or Officer Price

Learn how to keep yourself and your property safe.

Traveling Safely (20-30 minutes)

Sergeant Carver or Sergeant Moss

Learn how to keep yourself and your property safe while you are away.

College Campus Safety (30-45 minutes)

Officer Chisano

To help in ensuring safety on campus this course will help to familiarize you with safety tips to help raise awareness and provide you with some of the tools necessary to avoid being a victim of a crime.

Don't Drink & Drive (20-60 minutes)

Officer Jordan

Will cover topics of drinking and driving and effects of alcohol use while driving.